



## HOW DOES 'THE TWIST' WORK?



### A Unique System of Tutoring

The 'Twist' is our unique method of tutoring that enables students to grow their confidence, release their anxieties and adopt behaviours and habits that carry them successfully forward in life.

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### Life Skills Based Education

Life Skills Based Education helps students acquire knowledge and develop attitudes and skills that create positive learning behaviours.

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### Project Based Learning

Project Based Learning is the structure of our individualized tutoring programs which includes problem solving, decisions making, investigative skills and reflection.

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### VARK® Learning Styles

(Visual, Auditory, Read/Write, Kinesthetic)  
 VARK® is a questionnaire that reveals the style in which individual students learn most naturally and provides strategies to help students.



### Happy....Just Because!

The line of success is not straight and not without its intense moments. We help students look inward for approval and be happy because they know they are getting the help they need to do their best!



### Hopes, Wishes, Dreams & Desires!

Think of stars as representations of our hopes, wishes, dreams and desires. We help students reach those stars while also giving them the confidence in themselves to reach those stars and their full potential.



### Teamwork Makes The Dream Work!

The different circles represent the different people in our students' lives. This could be parents, teachers, family and friends! We will engage with all of the students' team members to ensure they reach the stars.



### Take 1 To Take 101!

Learning requires miss takes: maybe 1, maybe 101 before we learn a new skill. We will help shift the students' mindset to change the spelling of "mistake" to "miss take" so that they can act without fear of making an error!



## THE TWIST... EXPLAINED!



### Passions! (Litmus Strip/pH Level)

We tie in what students love to learn. This gives them their 'why' and a reason to stay motivated and keep learning. Instead of simply seeing a subject as something they 'have to take', they will look forward to learning it!



### You Can Do It!

Our heart always beats, but it's often our brains that cause us to think we 'can't' do something. We look at limiting beliefs affecting students and guide them on a path to create new beliefs and thoughts that they can do it!



### Living In The Moment!

The Twist helps students assess how they are acting, thinking, behaving and being right now. We help them to decide what thoughts, actions and beliefs are best serving them and which need to change to embrace their potential.



### Setting Goals & A Plan to Reach Them!

The goals we set at our Twisted Tutoring Plan Meeting are important. At each session, we check in to make sure students are on track to reach their goals and work through ways to make sure everyone stays on target.

*"Be stubborn about your goals and flexible about your methods"* -Unknown