



## Youth Connections

For Ages 19-25

Art Therapy Sessions

## OCTOBER 10 - NOVEMBER 28, 2024 EVERY THURSDAY, 5 PM - 7 PM

Explore your creativity! Enjoy these fun session to express your feelings, build confidence and make new friends.



Scan to Sign Up! LIMITED SPACE

**Amélie** Registered Canadian Art Therapist (**RCAT/RTC**)







